

OPIOID IDENTIFICATION GUIDE

WHAT ARE
OPIOIDS,
PRESCRIPTION
PAINKILLERS,
OR NARCOTICS?



The Prescription Playbook is an education and awareness campaign for parents and coaches to prevent opioid pain reliever diversion, misuse, and abuse by adolescent athletes.

CONTENTS

WHY PARENTS?	6
START THE CONVERSATION	8
SAFE USE, STORAGE, AND DISPOSAL	10
OPIOID IDENTIFICATION	12
REFERENCES	15

