



Education and awareness to prevent prescription opioid misuse and abuse

About

This statewide campaign provides educational resources that bring awareness to practices for safe use, safe storage, and safe disposal of prescription opioids.

Who

Toolkits comprised of resources specifically for parents, coaches, and athletic directions are available. Everyone can access *The Prescription Playbook* for free.

Questions?

What are the parent and coach toolkits?

The parent and coach toolkits each contain a collection of resources regarding education and awareness on practices for safe use, safe storage, and safe disposal of prescription opioids. These toolkits include opioid identification guides, prescription talk guides for coaches, flyers and posters, video clips, and more.

Why is prescription education important?

Adolescents can acquire highly addictive pain medications such as prescription opioids from dental surgeries, injuries that require medical attention, prescription diversion from peers, or medicine cabinets at home. Providing education and having conversations with adolescents is necessary to give them the tools to make healthy decisions. It is essential for adolescents to acquire this information and make healthy decisions as their brains undergo critical stages of development. Misuse of prescription drugs at this time can alter development, affect the reward system, and lead to increased risk of addiction as an adult.

How can I access *The Prescription Playbook*?

All of the toolkits and educational resources for this campaign can be accessed at www.ilhpp.org/prescription-playbook/. Visit this page to find more information on prescription take back locations, opioid fact sheets, and tips for safe use, storage, and disposal of prescription drugs.