



# Commitment & Accountability

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1. What is something you are **committed** to?

2. Why are you **committed** to this?

3. How do you hold yourself **accountable**? In other words, what specific steps do you take to make sure you follow-through with your commitment?

4. Identify something about the Human Performance Project that you want to be **committed** to. What is it and why is that **commitment** worthwhile?

5. Think about the action steps you took to maintain **accountability** for the **commitment** identified above. How can you use that as a model for having personal **accountability** to your school's HPP chapter?

As a leader, the first step in improving the accountability of your HPP chapter is ensuring your own personal accountability. From there, your focus can shift to leadership accountability and ensuring complete group accountability. Here is some space to take notes on the following topics:

**1. Group Commitment:**

**2. Group Accountability:**

**3. Leadership & Commitment Accountability:**