

Dealing With Conflict Activity

SET-UP:

Set up the space by either posting the photos of the animals attached or listing their name on individual chart paper around the room.

ACTIVITY:

Each participant will go around the room and write down a response to the following question, **“How might this animal respond or react when facing conflict?”** Make sure everyone contributes something on each of the papers.

After some reflection time, read the notes aloud (or have people read the notes aloud). Next, give the following directions, allowing participants time to consider their answers and move to the appropriate locations.

Round One: **“Go to the sheet that lists the things that most represents how you generally respond when faced with a conflict.”**

Round Two: **“Go to the sheet that best represents how you would ideally want to respond when faced with a conflict.”**

Some may choose to stand between two animals. All answers are allowed. Once everyone has decided, ask for a sampling of responses. **“What about the behavior of the _____ resonates with you?”**

DE-BRIEF:

Conflict: Discuss the various ways we respond to conflict. Is there only one correct way? Has it changed over time? Does it change in different situations?

Coping Strategies: Discuss the value of having the skills to respond in many ways according to the occasion. How can we use the animal strategies to positively cope with conflict?

RABBIT



How Does This Animal Deal With Conflict?



SHARK



How Does This Animal Deal With Conflict?



SNAKE



How Does This Animal Deal With Conflict?



DOG



How Does This Animal Deal With Conflict?



PANTHER



How Does This Animal Deal With Conflict?



ROOSTER



How Does This Animal Deal With Conflict?



HAMSTER



How Does This Animal Deal With Conflict?



KITTEN



How Does This Animal Deal With Conflict?



ELEPHANT



How Does This Animal Deal With Conflict?



GIRAFFE



How Does This Animal Deal With Conflict?



FLAMINGO



How Does This Animal Deal With Conflict?



BALD EAGLE



How Does This Animal Deal With Conflict?



SEA TURTLE



How Does This Animal Deal With Conflict?



BISON



How Does This Animal Deal With Conflict?

