

# **FOCUS ON HAVING A GROWTH MINDSET.**

- *Perseveres in the face of failures*
- *Effort is required to build new skills*
- *Finds inspiration in others' successes*
  - *Embraces challenges*
  - *Accepts criticism*
  - *Has a desire to learn*
  - *Builds abilities*

# **DON'T HAVE A FIXED MINDSET.**

- *Avoids challenges*
- *Gives up easily*
- *Is threatened by others' success*
  - *Has a desire to look smart*
  - *Effort is fruitless*
  - *Ignores feedback*
  - *Has fixed abilities*

Cote, C. (2022, March 10). Growth Mindset vs. Fixed Mindset: What's the Difference? *Harvard Business School Online*



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## **MAKE IT MATTER**

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