

PERSONAL LEADERSHIP EVALUATION ¹

Your Leadership Can Always Improve

Use a scale of one to five to rank yourself as a student leader.

1 - Strongly Disagree 2- Disagree 3 - Undecided 4 - Agree 5 - Strongly Agree

1. HOW I SEE MYSELF AS A LEADER

- I am one of the hardest workers on the team/in my extracurricular activity
- I care deeply about the group's success
- I am a competitive person who strives to succeed
- I have confidence in myself as a person and my ability to be a leader
- I perform well under pressure
- I bounce back quickly following mistakes and failures
- I stay calm and composed in pressure situations
- I stay focused when faced with distractions, obstacles, and adversity
- I keep my anger and frustration under control
- I consistently do the right thing in all environments
- I am honest and trustworthy
- I treat classmates, teachers, and others with respect

Section One Total: _____

2. HOW I SEE MY PEERS AS A LEADER

- I reach out to peers when they need help
- I take the time to listen to peers
- I regularly encourage my peers to do their best
- I regularly compliment my peers when they succeed
- I communicate optimism and hope when the group is struggling
- I know what to say to peers when they are struggling

¹American Athletic Institute Leadership Evaluation (Adapted from Janssen 2005)

- I have developed an effective relationship with each group member
- I am a group player who seeks to unify the group

3. PERSONAL AND GROUP ACCOUNTABILITY

- I hold peers accountable for following group rules and standards
- I constructively confront peers when necessary
- I am willing to address and minimize conflict between peers
- I am firm, fair, and direct when dealing with conflicts and problems

4. CHEMICAL HEALTH

- I am committed to ensuring that our group/team is drug free at all times
- I will constructively confront any group member who uses drugs
- I will discuss chemical health issues with my peers
- I am willing to bring drug use issues to the attention of staff mentors

Sections Two-Four Total: _____

This is just an evaluation to show where there is room for growth as a leader. A low score does not mean you should give up, but instead work harder to improve. Anyone can become a strong leader!

“Me as a Leader”

This self evaluation measures critical areas you need have to be an effective leader. To compute your personal leader score, add your ratings for section one.

12- 44 = Not Yet a Strong Leader

45 - 52 = Solid Leader

53 - 60 = Spectacular Leader

“Team Leader”

The total score for sections two-four will give you a rating to show how *assertive* you currently are in your leadership role.

16 - 37 = Not Yet an Assertive Leader

38 - 58 = Solid Assertive Leader

59 - 80 = Spectacular Assertive Leader



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