

Speaker/Listener Technique: Role-Play

NEGATIVE

Scene: During passing period the following day after the leadership meeting.

SPEAKER: Where were you yesterday? Oh wait, I know where you were, at Dunkin' Donuts with your friends from soccer!

LISTENER: Yea, I was there. Wait, how did you know I was there? You're such a creep!

SPEAKER: I'm a creep!? Are you kidding me right now? Maybe don't post snaps on your story and have your location on for everyone to see. Glad you care about the leadership team!

LISTENER: Why do you care so much what I do with my life? So what if I forgot about the meeting?

SPEAKER: Wow, are you serious right now? What is your problem? You always do this! Anytime we plan to go to meetings or hang out with friends together you ditch me!

LISTENER: I'm so over this! I don't need your dumb drama. I gotta go to class.

SPEAKER: Whatever.



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POSITIVE

Scene: During passing period the following day after the leadership meeting.

SPEAKER: Hey, do you have a minute to talk before class?

LISTENER: Yea, what's up?

SPEAKER: Yesterday after school I waited for you in the commons area to go to the leadership meeting. I went in without you and you never came to the meeting. I saw your snap story and your location and saw you went to Dunkin' Donuts instead. It really made me feel like you don't value our friendship or the leadership team.

LISTENER: So what I'm hearing you say is that you noticed I wasn't in the meeting and saw my snapchat, which makes you and the team feel invaluable?

SPEAKER: Pretty, much yea.

Listener: Oh, shoot. I can see why you're upset. I'm really sorry. Honestly, I completely forgot about the meeting and when my teammates from soccer wanted to go hang out at Dunkin' Donuts, I just went with.

SPEAKER: I guess that makes sense then why you weren't at the meeting. The leadership team was pretty disappointed that you weren't there. We needed you for the project we were going to start on.

LISTENER: I understand why that would make them feel disappointed. That's a big project we need to work on. I will make sure this doesn't happen again.

SPEAKER: Ok, thank you for listening to my concerns. I think next time when they announce a meeting, I will text you to make sure you put it in your phone. I think you should also send a group text to the leadership team and apologize.

LISTENER: Yea, you're probably right. I think that's a good idea. Thanks for understanding and taking time to listen to my side of the story before starting drama.

