

ILLINOIS HUMAN PERFORMANCE PROJECT



LEARN ABOUT IL HPP TRAINING OPPORTUNITIES

BUFFALO GROVE HIGH SCHOOL ALL STAFF TRAINING

To kick off the school year, the IL HPP Team led several interactive, team-building activities with approximately 200 faculty and staff. This training was a great opportunity to expand upon previous trainings with their chapter, Elevate, and explore how staff can effectively work together, use each other as a support system, and how to manage stress through the mood and mindset module. If you are interested in a staff training, please contact training@ilhpp.org.

SEPTEMBER NEW CHAPTER ADVISOR TRAINING

Our New Staff Advisor Training at the end of September was an excellent opportunity to welcome new staff to their existing IL HPP chapters and/or provide support for staff to get a new program running at their school. With a panel discussion and interactive learning, staff walked away with a better understanding of what it means to lead an HPP Chapter and how to encourage a “student led, staff supported” culture. Seeing that this program is customized to each school’s culture and individual needs, it was a great opportunity for the 10 attending schools to learn from one another and share ideas for successful program implementation. Thank you to our wonderful panelists! Please keep an eye out for future networking and training events for your new or existing chapters to attend.



Photo of Buffalo Grove High School staff completing an activity to learn about a new slogan, “THE BISON WAY”

NOVEMBER CHAPTER TRAINING

Coming up on November 2nd, is a training for all existing chapters’ students and staff. This free, half-day training will enhance your knowledge about communication and accountability as it relates to your chapter’s success. Chapter registration is restricted to eight school chapter members. At minimum, one chapter advisor and one student leader must be present. [Click here for registration forms](#). Individual permission forms from both student leaders and advisors will need to be submitted by Friday, October 26th. Please bring your own lunches for our interactive lunch session.

COACHES CLINIC REGISTRATION

Registration for the Coaches’ Clinic will open November 2nd. High school coaches, middle school coaches, park district coaches, and travel coaches are all welcome to attend this training with John Underwood and the IL HPP Team. For \$35, participants will receive the latest science information on training and recovery, lunch, presentation flashdrive, and professional development credits. You don’t want to miss out on this opportunity! For more information about the date, location, or the registration link, please visit our website: ilhpp.org/coaches-clinic-2019.