



Advisory Committee

Join a team of community stakeholders who are ready to engage in collaboration, training, and planning for statewide Human Performance Project initiatives, messages, and events. Participants become recognized county representatives that equip their communities with the experience and knowledge of program objectives and implementation.

Join our first quarterly meeting:
APRIL 11, 2018; 1:00-2:00PM
 1111 West Lake Cook Road, Buffalo Grove IL

Becoming a part of this committee allows the opportunity to further develop communities and youth in their understanding of optimal human performance. As a committee member you will empower students to make healthy choices and be leaders among their peers to encourage the same. Through scientific research, we know that sleep, blue light, nutrition, exercise, drugs, alcohol, and mindset play a large role in how our bodies perform. Beyond educational science, the development of youth leadership creates a culture where these healthy choices empower kids to lead their best lives possible. Be a part of a movement that educates and empowers teens, parents, schools, and communities to increase the potential for optimal performance!



The IL HPP Advisory Committee is especially seeking representation from the following counties:

- Boone
- Cook
- DeKalb
- DuPage
- Grundy
- Kane
- Kendall
- Lake
- LaSalle
- McHenry
- Will



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